The Ashtavakra Newsletter

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The Ashtavakra

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Ashtavakra Institute of Rehabilitation Sciences & Research



Deputy Director Message

As we stride into a new era of education , here at Ashtavakra Institute of Rehabilitation Sciences & Research I wanted to take a moment to extend a warm welcome to all our students. At, our commitment to excellence in special education is unwavering. We are dedicated to providing our students with the highest quality education, equipping them with the skills, knowledge, and compassion necessary to make a positive impact in the lives of individuals with special needs.

As we navigate the challenges and opportunities that come our way, I encourage each and every one of you to embrace curiosity, empathy, and a spirit of collaboration. Together, we can create an inclusive and supportive learning environment where every student can thrive and reach their full potential.

I am incredibly proud of the hard work and dedication demonstrated by our students, faculty, and staff, and I am excited to see what we will achieve together in the coming months.

Thank you for being part of the Ashtavakra community. Your passion and commitment inspire us all.

Warm regards,
Ms Sanjana Mittal
Deputy Director
Ashtavakra Institute of Rehabilitation Sciences & Research

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Cultural Club: Festival of Lights Diwali Celebration 2025

Ashtavakra Institute of Rehabilitation Sciences and Research (AIRSR) celebrated Diwali 2025 with great enthusiasm and festive spirit. The celebration included Diya lighting, Food stalls, Games stalls, Rangoli, cultural performances, and sharing of festive wishes among students and faculty members. The campus was beautifully decorated, spreading joy and positivity. The programme highlighted the significance of Diwali as the festival of lights symbolising victory of good over evil. The event fostered unity, happiness, and cultural harmony within the institute.













EBSB : Children's Day Celebration





Children's Day was celebrated on Friday, 14 November 2025, at Ashtavakra Institute under the Ek Bharat Shreshtha Bharat initiative. Students enjoyed cultural programs, games, and creative activities, promoting joy, talent, and the spirit of unity in diversity.

Red Ribbon Club: Health Awareness Workshop





The Red Ribbon Club (RRC) organized an Awareness Workshop on Dengue as part of its ongoing efforts to promote public health education and encourage preventive practices among students. The workshop aimed to spread accurate information about dengue fever, its transmission, symptoms, prevention strategies, and the importance of maintaining a clean environment.

Red Ribbon Club: Awareness Rally On World AIDS Day





The Red Ribbon Club (RRC) organized a World AIDS Day Rally as part of its ongoing initiatives to promote awareness about HIV/AIDS prevention, voluntary blood donation, and healthy lifestyle practices. The rally aimed to sensitize students and the community about the importance of early detection, stigma reduction, and collective responsibility in combating HIV/AIDS.

NSS :World Disability Day

World Disability Day (25)har saal 3 December ko manaya jata hai. Is din ka uddeshya divyangjan ke adhikaron, samta, samavesh (inclusion) aur unki uplabdhiyon ke prati samaj me jagrukta badhana hai On World Disability Day, many competitions were organized in which a large number of students from Ashtavakra participated in different activities such as case study, digital poster, short film, and poetry. Among these, a B.Ed student secured first position in the poetry competition with a self-written poem. The student was awarded a cash prize of ₹1000 along with a certificate.







Warmth & Care Drive by Happiness Club









The Happiness Club of Ashtavakra Institute of Rehabilitation Sciences and Research (AIRSR) organised a "Warmth & Care Drive." The initiative aimed to support under-privileged individuals by providing essential clothing items. Students and faculty members actively contributed and participated with compassion and enthusiasm. The activity promoted values of kindness, empathy, and social responsibility. It was a meaningful effort that spread warmth, dignity, and happiness in the community.

Happiness Club: Spreading Smiles: Christmas Celebration with CWSN Students

Happiness club of Ashtavakra Institute of Rehabilitation Sciences and Research (AIRSR) celebrated Christmas with great joy and inclusivity along with the CWSN students of Ashtavakra Special School and teacher trainees of B.ED SE HI. The event was filled with carol singing, festive decorations, treats, and interactive activities that brought smiles to every face. Students actively participated in cultural performances and fun games, creating a warm and cheerful atmosphere. The celebration highlighted the values of love, compassion, and togetherness. It was a heartwarming occasion that strengthened bonds and promoted inclusive celebration within the institute.









Literary Club: Group Discussion

Students enthusiastically participated in a Group Discussion organized by the Literary Club on 28 Nov. 2025. The event included interactive discussions and collaborative activities, where students actively shared their ideas, debated topics, and engaged in constructive dialogue. Participating thoughtfully and respectfully, the students demonstrated critical thinking, teamwork, confidence, and effective communication skills, making the event a successful and enriching experience.





Literary Club
Visit to the Blind Relief Association

A trainee visit to the Blind Relief Association was organized on 20 Nov. 2025. It provided valuable insight into the organization's dedicated efforts to educate, rehabilitate, and empower those with visual impairments. Founded with the mission of promoting independence and dignity, the association offers a variety of programs that help learners develop essential life skills, academic abilities, and vocational competencies. During the visit, trainees observed various training units, such as candle making, paper crafts, massage therapy, and computer education, aimed at increasing self-reliance and creating employment opportunities.





Literary Club: Letter Writing Day

The event was organized on 07 Dec. 2025 at Conference Room It witnessed enthusiastic participation from students across all specializations. The program began with a welcome address by Club Incharge, Mr. Ramtirth Prajapati, who highlighted the importance of letter writing as a traditional and effective form of expression. He explained that in today's digital age, the art of letter writing not only enhances writing skills but also develops patience, attention to detail, and the ability to express thoughts clearly. His inspiring speech helped create a positive and encouraging atmosphere for the entire program.







UBA: E Sharm Camp





On October 7, 2025, the Ashtavakra Institute of Rehabilitation Sciences and Research successfully organized an 'E-Shram Registration Camp' under the aegis of the Unnat Bharat Abhiyan (UBA) to support the unorganized workforce. The primary objective of the camp was to facilitate the digital registration of local daily wage workers, support staff, and laborers onto the national database, ensuring their access to essential social security benefits.

UBA Day Celebration





On November 11, 2025, the Ashtavakra Institute of Rehabilitation Sciences and Research enthusiastically celebrated 'Unnat Bharat Abhiyan (UBA) Day' to commemorate the spirit of rural development and community engagement. The event aimed to sensitize students and faculty about the mission of UBA, emphasizing the pivotal role of higher education institutions in bringing about transformational change in rural India.

UBA : Health Talk





On December 16, 2025, the Ashtavakra Institute of Rehabilitation Sciences and Research organized an informative 'Health Talk' under the Unnat Bharat Abhiyan (UBA) initiative to promote community well-being. The session focused on raising awareness about essential topics such as personal hygiene, nutrition, preventive care, and the importance of maintaining a healthy lifestyle for disease prevention.

Educational Visit to Asha Public School, Delhi Cantt

Bed SE LD & HI Dept. of Ashtavakra Institute of Rehabilitation Sciences and Research organised an educational visit to Asha Public School, Delhi Cantt. The visit aimed to provide practical exposure to inclusive and special education practices. The school showcased various vocational training setups designed for CWSN, helping students understand skill development and functional independence programmes. Participants observed structured classroom strategies and vocational activities in real settings. The visit was highly enriching and strengthened practical understanding of rehabilitation and vocational education.











Eco Club: Outreach Activities



The Eco Club of Ashtavakra Institute of Rehabilitation Sciences and Research organized an awareness visit to Rajapur Village as part of its outreach activities. The objective of the visit was to create awareness among villagers about the urgent need to prevent pollution and protect the environment. The session highlighted various forms of pollution and their harmful effects on air, water, soil, and human health in a simple and practical manner. Students interacted with villagers and discussed common sources of pollution in daily life. The program encouraged the adoption of eco-friendly habits such as proper waste management, reducing plastic use, and maintaining cleanliness. Villagers were motivated to follow sustainable and environmentally responsible practices. The initiative reflected the Eco Club's strong commitment to environmental conservation and community awareness.

Ek Bharat Shreshtha Bharat Utsav



On Tuesday, 28 October 2025, Ek Bharat Shreshtha Bharat Utsav was celebrated with partner institutions through video conferencing. Students and teachers interacted virtually, shared cultural presentations, and exchanged ideas, strengthening national integration and mutual understanding across different states of India.

AIRSR Students Shine at GGSIPU Sports Meet 2025

Students of Ashtavakra Institute of Rehabilitation Sciences and Research (AIRSR) actively participated in the Sports Meet organised by Guru Gobind Singh Indraprastha University (GGSIPU). The event provided a platform for students to showcase their athletic skills and sportsmanship at the university level. Participants demonstrated dedication, teamwork, and competitive spirit. The sports meet encouraged physical fitness, discipline, and confidence among students.









NSS : Varchasva

Varchasva ek vibrant aur inspirational platform hai jahan students apni pratibha, creativity aur confidence ko express karte hain. Is event ka main objective students ke overall personality development, stage confidence, aur hidden talents ko ubharna hai.)









Student Creative Corner









Manpreet Kaur
ID Dept.







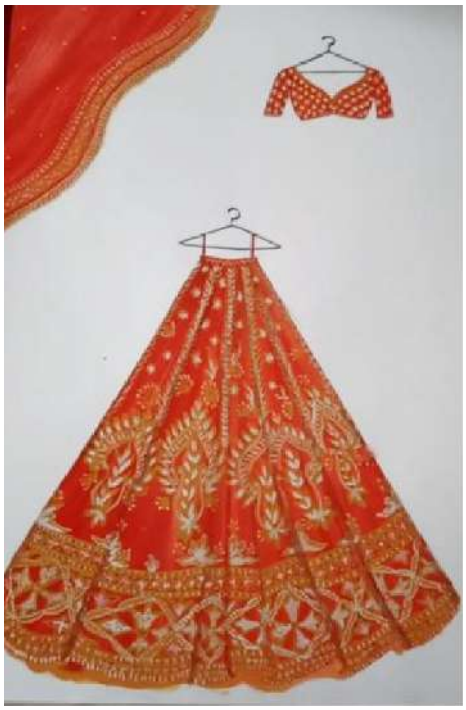
Vishwendra Rana
ID Dept.



Kritika
B.ED SE HI

















Akshay Kumar Meena
B.ED SE HI



About the Institute

We are one of the premium Institute offering courses in the field of Rehabilitation, located at Delhi, affiliated to Guru Gobind Singh Indraprastha University, Delhi. The Institute offers Bachelor's Degree in Special Education-B.Ed(HI), B.Ed(ASD), B.Ed(LD), B.Ed(VI) & B.Ed(ID). We also offer under graduate programmes in the field of Special Education-Hearing Impairment, Intellectual Developmental Disability, Multiple Disability & Visual Impairment, Our institute's barrier free infrastructure provides access to all and ensures value based quality education, training, research & consultancy in the field of rehabilitation.

Salient Features

- Lecture by Industry Experts.
- Faculty from Nationalized Institutes.
- Training at DSW/Govt. of NCT, Delhi Schools.
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- CTET Coaching.
- Education Loan Available.
- National / International Educational Tours.
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- Outreach Activities through various cells & Clubs.
- National Education Policy NEP 2020 & outcome based assessment, curriculum learning.



Rehabilitating Together

Affiliations and Academic Collaborations

The Ashtavakra

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Institute of Rehabilitation Sciences & Research

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