

Report on GGSIPU 19th Annual Sports Meet

Introduction

The **19th Annual Sports Meet** of Guru Gobind Singh Indraprastha University (GGSIPU) was held between **20th - 22th October 2024** at the University Campus, Dwarka, with immense enthusiasm and participation from students representing various colleges under GGSIPU. The event, which aimed to promote sportsmanship, teamwork, and physical fitness, featured a variety of athletic and indoor sports competitions.

Inauguration Ceremony

The grand opening ceremony commenced with the torch relay, symbolizing the spirit of sportsmanship. The march past was one of the highlights, with contingents from different colleges demonstrating discipline, coordination, and team spirit. Students participated in multiple events, including March past, Badminton, Yoga, Chess, Weightlifting, Kho-Kho, and Tug Of War, with our team reaching the quarter-finals in the latter.

Learning Outcomes

The 19th Annual Sports Meet was a significant learning experience for all participants, reinforcing valuable lessons that extend beyond sports:

- The March past and team sports emphasized the importance of maintaining discipline and working in sync with the team.
- Participation in sports like badminton, weightlifting, kho-kho, and tug of war highlighted the need for strength, stamina, and agility.
- Events like chess and yoga required participants to develop concentration, patience, and
- Sports like tug of war and kho-kho reinforced the value of teamwork, communication, and leadership.
- Facing tough opponents in different events helped students understand the importance of perseverance, handling pressure, and accepting victories and defeats with grace.
- Competing at the university level boosted students' self-confidence and motivation to improve further.

Report

Our team proudly participated in the **March Past** displaying a high level of discipline and synchronization. The contingent was well-appreciated for its uniformity, enthusiasm, and sportsman spirit. The **Badminton** event witnessed intense competition, with participants exhibiting agility, reflexes, and strategic gameplay. Our team gave a commendable performance, competing fiercely against some of the best players in the tournament. The **Yoga** competition highlighted flexibility, concentration, and breath control, emphasizing the importance of mental and physical balance. Our representatives performed exceptionally well, executing complex postures with grace and precision. The **Chess** tournament was a battle of strategy, patience, and intellect. Our participant displayed remarkable analytical skills, competing against some of the finest minds in the university. The **Weightlifting** competition tested the strength and endurance of participants. Our representatives displayed impressive power and determination, lifting weights beyond expectations. The **kho-kho** matches were filled with speed, agility, and teamwork, making them one of the most thrilling events. Our team played with remarkable coordination and strategy, showcasing the traditional essence of the game. The **Tug of War** competition was one of the most energetic and crowd-pulling events. Our team displayed immense strength and teamwork, making it to the quarter-finals after several intense rounds.

Conclusion

The 19th Annual Sports Meet of GGSIPU was an incredible platform for students to showcase their talents, build resilience, and embrace the spirit of sportsmanship. Our team's participation across multiple disciplines was commendable, and reaching the quarter-finals in tug of war was a proud achievement. The event not only celebrated physical fitness and competitive spirit but also instilled team values, mental discipline, and leadership skills among students.

GLIMPSES OF SPORTS MEET





LIST OF STUDENT PARTICIPANTS

S. No.	Name of Volunteer	Class
1.	Ashish Panwar	B.ED SE LD
2.	Abhishek Khatri	B.ED SE LD
3.	Apurv	B.ED SE LD
4.	Akshay	B.ED SE ID
5.	Swapnil	B.ED SE HI
6.	Niteish Khatri	B.ED SE HI
7.	Vipen Malik	B.ED SE HI
8.	Ankit	B.ED SE ID
9.	Aryan Dabas	B.ED SE LD
10.	Sumit	B.ED SE ID
11.	Harshita	B.ED SE ID
12.	Hema Vats	B.ED SE HI
13.	Ritika Goel	B.ED SE ID
14.	Nidhi	B.ED SE LD
15.	Ananya	B.ED SE LD
16.	Ridhima	B.ED SE LD
17.	Komal	B.ED SE LD
18.	Laxmi	B.ED SE LD
19.	Akansha Sharma	B.ED SE LD
20.	Yashika	B.ED SE LD
21.	Kirti Singh	B.ED SE ID
22.	Prerna	B.ED SE LD
23.	Varsha	B.ED SE LD
24.	Harshika Gupta	B.ED SE ID
25.	Tanisha Vats	B.ED SE HI