

**ASHTAVAKRA**Institute of Rehabilitation Sciences and Research  
5, PSP Institutional Area Madhuban Chowk Rohini, Sector-14, Delhi-110085उन्नत भारत अभियान  
UNNAT BHARAT ABHIYAN**EVENT NAME****Title of Activity\***

Medical Camp by Fortis Hospital Shalimar Bagh, New Delhi

**Values****Values Inculcated:** The organization of this camp fostered the following core values among the attendees and student volunteers:

1. **Community Service (Sewa):** Developing a sense of responsibility towards the health and welfare of the society.
2. **Holistic Well-being:** Understanding that health involves physical, dental, and mental stability.
3. **Collaboration:** Appreciating the value of teamwork between educational and medical institutions.
4. **Empathy:** Cultivating sensitivity towards the health concerns of others.

**Learning Outcomes**

After participating in and observing this event, the students will be able to:

1. **Identify** the logistical requirements and management skills needed to organize a community health event.
2. **Demonstrate** an understanding of the role of multidisciplinary teams (Physicians, Psychologists, Therapists) in holistic healthcare.
3. **Explain** the importance of preventive health screenings (such as BMD and Cancer screening) in rehabilitation settings.
4. **Interact** effectively with medical professionals and diverse beneficiaries during community outreach programs.

**Organized by (Dept./ Centre/ Cells/Clubs/ Committees Name)\***

UBA Activity

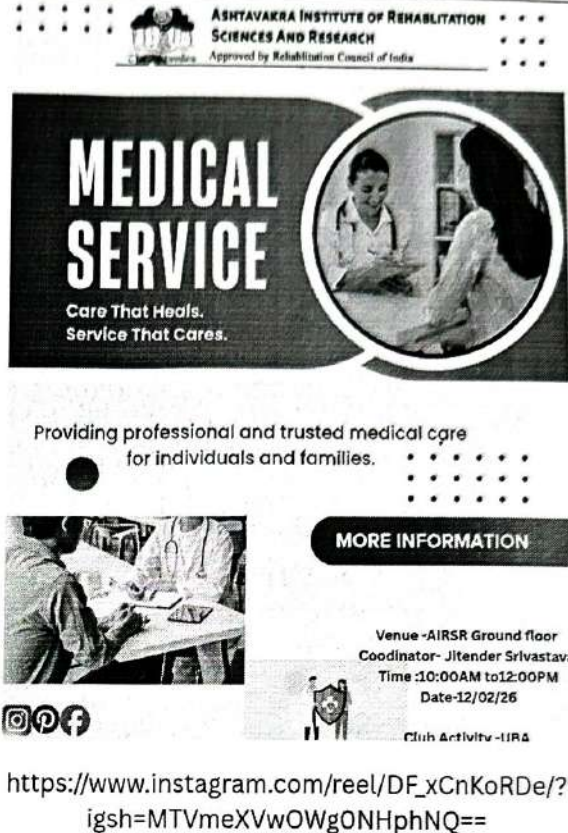
**Program Theme\***

Medical Camp

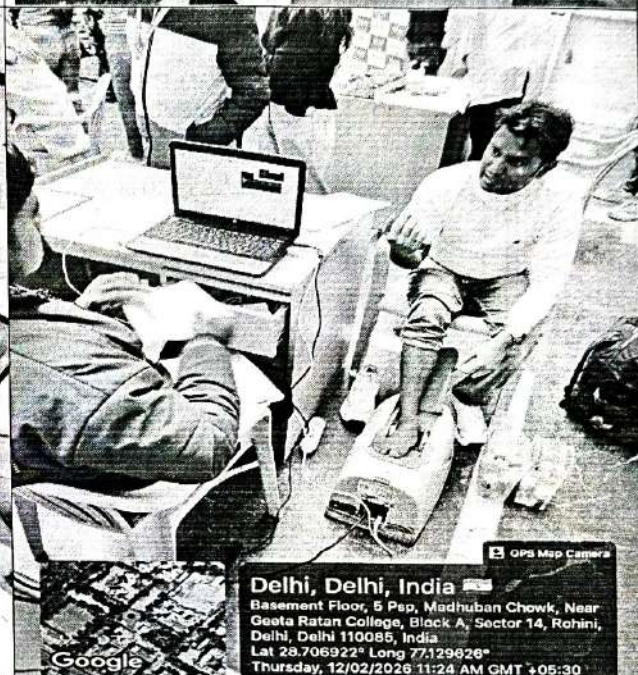
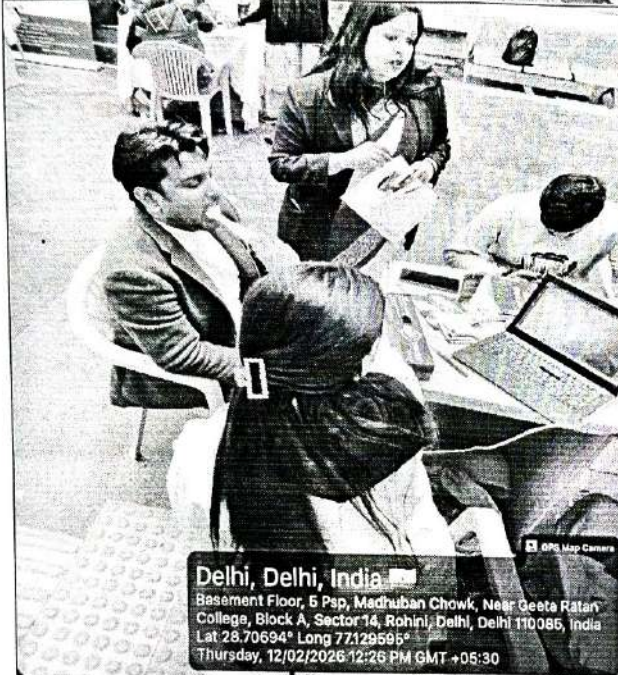
**External Expert / Internal Expert**

Mr. Jitender Srivastava

Nodal Officer, Unnat Bharat Abhiyan Club (UBA)  
Ashtavakra Institute of Rehabilitation Sciences and Research  
Madhuban Chowk, Rohini, Delhi-110085

|                                                                                                                                                     |                                                                                                                                                           |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Date*</b>                                                                                                                                        | 12 <sup>th</sup> February, 2026                                                                                                                           |
| <b>Time*</b>                                                                                                                                        | 10AM onwards                                                                                                                                              |
| <b>Venue</b>                                                                                                                                        | AIRSR Compound Area                                                                                                                                       |
| <b>Poster/Flyer/Notice*</b>                                                                                                                         |                                                                        |
| <b>Social media link (promoting in any one Facebook/Instagram/Twitter is mandatory)</b>                                                             | <a href="https://www.instagram.com/reel/DUnSAhCE2Z5/?igsh=MWVpamdxZGt5a3J0cg==">https://www.instagram.com/reel/DUnSAhCE2Z5/?igsh=MWVpamdxZGt5a3J0cg==</a> |
| <b>No. of Students*</b> (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement) | 90                                                                                                                                                        |
| <b>No. of Faculty*</b> (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)  | 16                                                                                                                                                        |
| <b>No. of External Participants (students + faculty) [write NA if not applicable]</b>                                                               | 5                                                                                                                                                         |
| <b>(Geotag) Photograph*</b>                                                                                                                         |                                                                                                                                                           |
| Photograph of the Event with the Caption                                                                                                            |                                                                                                                                                           |

Nodal Officer,  **United Bharat Abhiyan Club (UBA)**  
 Ashtavakra Institute of Rehabilitation Sciences and Research  
 Madhuban Chowk, Rohini, Delhi-110085



Delhi, Delhi, India  
Basement Floor, 5 Psp, Madhuban Chowk, Near Geeta Ratan College, Block A, Sector 14, Rohini, Delhi, Delhi 110085, India  
Lat: 28.70694° Long 77.129595°  
Thursday, 12/02/2026 12:26 PM GMT +05:30

Delhi, Delhi, India  
Basement Floor, 5 Psp, Madhuban Chowk, Near Geeta Ratan College, Block A, Sector 14, Rohini, Delhi, Delhi 110085, India  
Lat: 28.706922° Long 77.129826°  
Thursday, 12/02/2026 11:24 AM GMT +05:30

Nodal Officer, Unnat Bharat Abhiyan Club (UBA)  
Ashtavakra Institute of Research in Education Sciences and Research  
Madhuban Chowk, Rohini, Delhi-110085

Report: Description in (min 250 to max 800 words)\*

A comprehensive Medical Health Check-up Camp was successfully organized at the Ashtavakra Institute of Rehabilitation Sciences and Research on February 12, 2026. The event aimed to provide accessible, high-quality healthcare services to the institute's teaching and non-teaching staff, administration, and the local community. The camp was conducted in collaboration with Fortis Hospital (Shalimar Bagh), Rajiv Gandhi Cancer Institute, and Clove Dental.

**Inauguration and Welcome :** The program commenced with an inaugural address by **Ms. Sanjana Mittal, Deputy Director** of the Institute. In her welcome speech, she expressed gratitude to the medical teams from Fortis, Rajiv Gandhi Hospital, and Clove Dental. She emphasized that alongside academic excellence, the physical and mental well-being of the staff and community is a primary priority for the institute.

**Coordination and Management :** The event was a result of seamless coordination between multiple organizations.

- **External Coordination:** Mr. Manish Thakur (Fortis Hospital) and Mr. Sumit Kumar (Clove Dental) managed the logistics for their respective medical teams.
- **Internal Coordination:** The event was efficiently supervised by **Mr. Jitender Srivastava** (Assistant Professor, Hearing Impairment Department & Event Coordinator), ensuring a smooth flow of activities.

**Medical Services and Expert Consultation** A team of distinguished specialists provided consultations during the camp:

1. **Oncology:** Dr. Brijesh Singh (Senior Specialist, Rajiv Gandhi Cancer Hospital, Rohini) provided cancer awareness and consultation.
2. **General Medicine:** Dr. Anirudh Alok Pandey (General Physician) conducted general health screenings.
3. **Mental Health:** Dr. Shubh Gulati conducted a vital session on mental health and stress management.
4. **Rehabilitation Services:** Dr. Neema Chauhan provided consultation on Occupational Therapy and Physiotherapy (OT/PT).

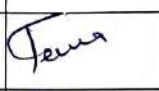
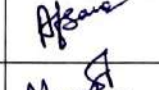
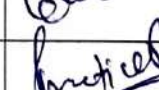
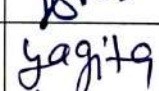
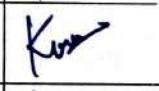
**Diagnostic Facilities** The camp was equipped with modern diagnostic tools to offer immediate check-ups:

- **Dental Check-up:** Conducted by the expert team from Clove Dental.
- **Bone Health:** BMD (Bone Marrow Density) tests to check bone strength.
- **Vitals Monitoring:** Blood Pressure (BP) and Blood Sugar screenings were conducted by the Fortis Hospital team.

|                                                                                                                                                                                          |                                                                                                                            |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|
| Recourse Person                                                                                                                                                                          | Mr. Jitender Srivastava                                                                                                    |
| Attendance Sheet*                                                                                                                                                                        | Attached at the end of Report                                                                                              |
| Feedback                                                                                                                                                                                 | Sample feedback Attached at the end of Report                                                                              |
| Report Submitted by Convener (write faculty coordinator name)                                                                                                                            | Mr. Jitender Srivastava                                                                                                    |
| <b>For Office Use</b>                                                                                                                                                                    |                                                                                                                            |
| Nodal Officer, Unnat Bharat Abhiyan Club (UBA)<br>Ashtavekra Institute of Rehabilitation Sciences and Research<br>Madhuban Chowk, Rohini, Delhi-110085<br>Signature of Event Coordinator | Signature of School/Department Head<br> |
| <u>List of Beneficiary</u>                                                                                                                                                               |                                                                                                                            |

Fields marked with '\*' are mandatory

### LIST OF STUDENT PARTICIPANTS

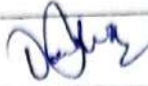
| S.No. | Name of Volunteer | Class    | Signature                                                                           |
|-------|-------------------|----------|-------------------------------------------------------------------------------------|
| 1     | NEHA              | B.Ed(HI) |  |
| 2     | TEENA SHOKEEN     | B.Ed(HI) |  |
| 3     | MUKUL             | B.Ed(HI) |  |
| 4     | Afsana            | B.Ed(HI) |  |
| 5     | Mansi             | B.Ed(HI) |  |
| 6     | GEETA             | B.Ed(HI) |  |
| 7     | PRATIKSHA         | B.Ed(HI) |  |
| 8     | Isha Aggarwal     | B.Ed(ID) |  |
| 9     | YOGITA            | B.Ed(ID) |  |
| 10    | KHUSHAL KHATRI    | B.Ed(ID) |  |
| 11    | KIRTI             | B.Ed(ID) |  |
| 12    | JHANVI            | B.Ed(ID) |  |

Nodal Officer, Unnat Bharat Abhiyan Club (UBA)  
 Ashtavekra Institute of Rehabilitation Sciences and Research  
 Madhuban Chowk, Rohini, Delhi-110085

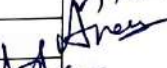
|    |                  |            |                         |
|----|------------------|------------|-------------------------|
| 13 | ANKITA           | B.Ed(ID)   | <i>Ankita</i>           |
| 14 | VISHAKHA         | B.Ed(ID)   | <i>Vishaka</i>          |
| 15 | KUNAL BHARDWAJ   | B.Ed(ID)   | <i>Kunsa</i>            |
| 16 | SARASWATI DASS   | B.Ed . ASD | <i>Saraswati Sharma</i> |
| 17 | MANSI GUPTA      | B.Ed . ASD | <i>Mansi Gupta</i>      |
| 18 | PAYAL JAIN       | B.Ed . ASD | <i>Payal</i>            |
| 19 | KHUSHI AHUJA     | B.Ed . ASD | <i>Kushi</i>            |
| 20 | TANNU SHOKEEN    | B.Ed . ASD | <i>Tanu</i>             |
| 21 | SHIWANI          | B.Ed . ASD | <i>Shwani</i>           |
| 22 | ANSHIKA          | B.Ed . ASD | <i>Anshika</i>          |
| 23 | KAVITA           | B.Ed . ASD | <i>Kavita</i>           |
| 24 | JYOTI YADAV      | B.Ed . ASD | <i>Jyoti</i>            |
| 25 | GITIKA           | B.Ed . ASD | <i>Gita</i>             |
| 26 | TANU BAISOYA     | B.Ed . ASD | <i>Tanu</i>             |
| 27 | CHANCHAL         | B.Ed . ASD | <i>Chanchal</i>         |
| 28 | AKANKSHA GANGULY | B.Ed . ASD | <i>Akanksha</i>         |
| 29 | JASPREET KAUR    | B.Ed . ASD | <i>Jaspreet</i>         |
| 30 | KALYANI          | B.Ed . ASD | <i>Kalyani</i>          |
| 31 | VARSHA           | B.Ed . VI  | <i>Varsha</i>           |
| 32 | HARSHITA GUPTA   | B.Ed . VI  | <i>Harsha</i>           |
| 33 | KIRTI SINGH      | B.Ed . VI  | <i>Kirti</i>            |
| 34 | RITIKA           | B.Ed . VI  | <i>Ritika</i>           |
| 35 | PRENA            | B.Ed . VI  | <i>Prena</i>            |
| 36 | VANSHIKA GOYAL   | B.Ed. ASD  | <i>Vansha</i>           |
| 37 | KIRTI GOEL       | B.Ed . ASD | <i>Kirti Goel</i>       |

|    |                    |            |                 |
|----|--------------------|------------|-----------------|
| 38 | YASH               | B.Ed . ASD | Yash            |
| 39 | KARISHMA KUMARI    | B.Ed . ASD | Karishma Kumari |
| 40 | BHAWANA            | B.Ed . ASD | Bhavana         |
| 41 | ARCHANA KUMARI     | B.Ed . ASD | Archana         |
| 42 | RUPAL              | B.Ed . ASD | Rupal           |
| 43 | PREKSHA GUPTA      | B.Ed . ASD | Preksha         |
| 44 | SIMPLE SOLANKI     | B.Ed . ASD | Simple          |
| 45 | MANSI SOLANKI      | B.Ed . ASD | Mansi           |
| 46 | SHIVANI            | B.Ed(HI)   | Shivani         |
| 47 | SAVITA             | B.Ed(HI)   | Savita          |
| 48 | LAVANYA ANTIL      | B.Ed(HI)   | Lavanya         |
| 49 | PRITI SAINI        | B.Ed(HI)   | Preeti          |
| 50 | MUSKAN             | B.Ed(HI)   | Muskan          |
| 51 | HIMANSHI KANWAT    | B.Ed(HI)   | Himanshi        |
| 52 | AKSHAY KUMAR MEENA | B.Ed(HI)   | Akshay Kumar    |
| 53 | KAUSHIKA JAISWARA  | B.Ed(HI)   | Kaushika        |
| 54 | AJAY KUMAR YADAV   | B.Ed(HI)   | Ajay            |
| 55 | CHARUL             | B.Ed(HI)   | Charul          |
| 56 | AYUSH SAINI        | B.Ed(HI)   | Ayush Saini     |
| 57 | ASHWANI YADAV      | B.Ed(HI)   | Ashwani Yadav   |
| 58 | ANJALI YADAV       | B.Ed(HI)   | Anjali          |
| 59 | KRITIKA            | B.Ed(HI)   | Kritika         |
| 60 | Nidhi              | B.Ed(LD)   | Nidhi           |
| 61 | Parul              | B.Ed(LD)   | Parul           |
| 62 | Riya Rana          | B.Ed(LD)   | Riya            |

|    |               |          |          |
|----|---------------|----------|----------|
| 63 | Ananya        | B.Ed(LD) | Ananya   |
| 64 | Pooja Chahal  | B.Ed(LD) | Pooja    |
| 65 | Jyoti         | B.Ed(LD) | Jyoti    |
| 66 | Riya Saraswat | B.Ed(LD) | Riya     |
| 67 | Alisha        | B.Ed(LD) | Alisha   |
| 68 | Ridhima       | B.Ed(LD) | Ridhima  |
| 69 | Riya Girsu    | B.Ed(LD) | Riya     |
| 70 | Mahima Rajput | B.Ed(LD) | Mahima   |
| 71 | Pawan         | B.Ed(LD) | Pawan    |
| 72 | Pooja         | B.Ed(LD) | Pooja    |
| 73 | Aryan Dabas   | B.Ed(LD) | Aryan    |
| 74 | Harshita      | B.Ed(LD) | Harshita |
| 75 | Laxmi         | B.Ed(LD) | Laxmi    |
| 76 | Komal         | B.Ed(LD) | Komal    |
| 77 | Ankita        | B.Ed(LD) | Ankita   |
| 78 | Aditi         | B.Ed(LD) | Aditi    |
| 79 | Fatima        | B.Ed(LD) | Fatima   |
| 80 | Shivani       | B.Ed(LD) | Shivani  |
| 81 | Dilraj Kaur   | B.Ed(LD) | Dilraj   |
| 82 | Anju          | B.Ed(LD) | Anju     |
| 83 | Poonam        | B.Ed(LD) | Poonam   |
| 84 | Sunny         | B.Ed(LD) | Sunny    |
| 85 | Anisha        | B.Ed(LD) | Anisha   |
| 86 | Mansi         | B.Ed(LD) | Mansi    |
| 87 | Aditi         | B.Ed(LD) | Aditi    |

|    |          |          |                                                                                   |
|----|----------|----------|-----------------------------------------------------------------------------------|
| 88 | Vanshika | B.Ed(LD) |   |
| 89 | Sonali   | B.Ed(LD) |  |
| 90 | Prachi   | B.Ed(LD) |  |

### List of Faculty

| S.No | Name                |                                                                                     |
|------|---------------------|-------------------------------------------------------------------------------------|
| 1    | Sanjana Mittal      |    |
| 2    | Jitender Srivastava |    |
| 3    | Preeti Goyal        |    |
| 4    | Geeta Bhutani       |    |
| 5    | Dinesh Kumar        |    |
| 6    | Radha Rawat         |    |
| 7    | Jyoti               |    |
| 8    | Prabhat Ranjan      |   |
| 9    | Tarun               |  |
| 10   | Md. Haseeb          |  |
| 11   | Sandeep Tiwari      |  |
| 12   | Subh Gulati         |  |
| 13   | Neema Chauhan       |  |
| 14   | Vikas Kumar         |  |
| 15   | Anoushka Sharma     |  |
| 16   | Devesh Kumar        |  |

# ATTENDANCE SHEET

## List of Beneficiaries

| S.No. | Name                      | Phone No.   | Signature |
|-------|---------------------------|-------------|-----------|
| 1.    | Santosh Yadav             | 8800668831  |           |
| 2.    | Rajesh                    | 9717032977  |           |
| 3.    | Priyanka                  | 8586841831  |           |
| 4.    | Mehul Haseeb              | 8046201301  |           |
| 5.    | Meekam                    | 9655070809  |           |
| 6.    | Shalu Chauhan             | 9560233649  |           |
| 7.    | Jay Jitender              | 9811125565  |           |
| 8.    | Rakesh Kumar              | 9827220980  |           |
| 9.    | Rakesh Kumar              | 99171891518 |           |
| 10.   | Shelesh                   | 705299019   | Shailash  |
| 11.   | Geeta Bhutani             | 9971224817  |           |
| 12.   | Ramesh                    | 9997215187  |           |
| 13.   | Vicky                     | 9582215092  |           |
| 14.   | Alisha                    | 8076579380  |           |
| 15.   | Anurupa                   | 8595173360  |           |
| 16.   | Logita                    | 8595406228  |           |
| 17.   | Kirti                     | 8882923225  |           |
| 18.   | Ravina                    | 7011757810  |           |
| 19.   | Sudeksha                  | 9910434829  |           |
| 20.   | Avshona                   | 8287601276  |           |
| 21.   | Samjana                   | 9899901819  |           |
| 22.   | Vivek                     | 9958919777  |           |
| 23.   | Dr. Rupam                 | 9354315315  |           |
| 24.   | Tyoti                     | 8920744913  |           |
| 25.   | Rakesh                    | 7870881252  |           |
| 26.   | Pooja                     | 8178490459  |           |
| 27.   | Devesh Ahirwar            | 8299481714  |           |
| 28.   | Arshi                     | 9718968277  | Arshi     |
| 29.   | Arshi                     | 7379993494  | Arshi     |
| 30.   | Charleah Shukla           | 9873028212  | S.K.V     |
| 31.   | Ranjana Jaggi             | 9354416746  | Arshi     |
| 32.   | Rajesh Pr. Sharma         | 9717032572  | Arshi     |
| 33.   | Priyanka                  | 8386841331  | Arshi     |
| 34.   | Shalu Chauhan             | 9560233649  | Arshi     |
| 35.   | Tarun                     | 9582892401  | Tarun     |
| 36.   | Rachha Raut               | 8452892627  | Tarun     |
| 37.   | Geeta Bhutani (Principal) | 9971224817  | Geeta     |
| 38.   | Tyoti                     | 8377814124  | Tyoti     |
| 39.   | Vikas Kumar               | 9555502444  | Vikas     |
| 40.   | Neetu Singh               | 8597281601  | Neetu     |