

 ASHTAVAKRA Institute of Rehabilitation Sciences and Research 5, PSP Institutional Area Madhuban Chowk Rohini, Sector-14, Delhi-110085	
EVENT NAME	
Title of Activity*	Intra Institute Sports Competition: LAKSHAY 2024-25 Inter-College Sports Meet"(GIBS)
Values	• Promotion of Physical Fitness: • Team Building and Collaboration: • Skill Development: • Healthy Competition: • Stress Relief and Well-being: • Community Engagement: • Identification of Talent:
Learning Outcomes	• Teamwork & Coordination – Enhanced collaboration skills through Tug of War. • Physical Fitness & Endurance – Improved strength, stamina, and agility. • Strategic Thinking – Developed quick decision-making in badminton. • Sportsmanship & Resilience – Learned fair play, perseverance, and positive attitude. • Confidence & Competitive Spirit – Boosted self-confidence and motivation. • Networking & Communication – Built connections with students from other colleges. • Time Management & Discipline – Balanced academics and sports effectively. • Leadership & Responsibility – Strengthened leadership and initiative-taking skills.
Organized by (Dept./ Centre/ Cells/Clubs/ Committees Name)*	<u>LAKSHAY</u> <u>2024-25 Inter-College Sports Meet"(GIBS)</u>
Program Theme*	<u>Inter-College Sports Meet</u>
External Expert / Internal Expert	Mr. Vikas Kumar
Date*	29th to 30th January 2025
Time*	8:00 AM to 5:00 PM

Venue	Pitampura Sports Complex (Rashtriya Swabhiman Khel Parisar), Delhi .
Poster/Flyer/Notice*	
Social media link (promoting in any one Facebook/Instagram/Twitter is mandatory)	https://www.instagram.com/reel/Cz84teepprR/?igshid=MTc4MmM1YmI2Ng==
No. of Students* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	24
No. of Faculty* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	1
No. of External Participants (students + faculty) [write NA if not applicable]	N.A
(Geotag) Photograph*	
Photograph of the Event with the Caption	
	



Report: Description in (min 250 to max 800 words)*

The Ashtavakra Institute of Rehabilitation Sciences and Research actively participated in *LAKSHAY 2024-25*, the Inter-College Sports Meet organized by **Gitarattan International Business School (GIBS), Rohini**, on **29th and 30th January 2025** at **Pitampura Sports Complex (Rashtriya Swabhiman Khel Parisar), Delhi**.

Our institute competed in **Tug of War (Boys), Tug of War (Mixed), and Badminton**, demonstrating exceptional teamwork, strength, and agility. The **Tug of War teams** exhibited remarkable coordination and resilience, putting up a tough fight against competing colleges. Meanwhile, our **badminton players** displayed swift reflexes and strategic gameplay, making their mark in the tournament.

The event, held from **8:00 AM to 5:00 PM**, provided a dynamic platform for students to engage in high-energy competitions, fostering a spirit of sportsmanship and camaraderie. The dedication and enthusiasm of our participants were truly commendable, reflecting their commitment to physical fitness and competitive excellence.

GIBS successfully organized **LAKSHAY 2024-25**, bringing together colleges from across the region to celebrate sports and teamwork. The event concluded with the felicitation of winners, appreciating the hard work and efforts of all participating teams.

We are proud of our students for their outstanding participation and look forward to more such opportunities to showcase our institute's sporting spirit.

Recourse Person

NA

Attendance Sheet*	Attached at the end of Report
Feedback	Sample feedback Attached at the end of Report
Report Submitted by Convener (write faculty coordinator name)	Mr. Vikas Kumar
For Office Use	
 Signature of Event Coordinator	 Signature of Club In-Charge (With Seal)
<u>List of Beneficiary</u>	24

LIST OF STUDENT PARTICIPANTS

S. No.	Name of Participants	Course
1.	Ashish Panwar	B.ED SE LD
2.	Abhishek Khatri	B.ED SE LD
3.	Apurv	B.ED SE LD
4.	Akshay	B.ED SE ID
5.	Swapnil	B.ED SE HI
6.	Niteish Khatri	B.ED SE HI
7.	Vipen Malik	B.ED SE HI
8.	Ankit	B.ED SE ID
9.	Aryan Dabas	B.ED SE LD
10.	Sumit	B.ED SE ID
11.	Harshita	B.ED SE ID
12.	Hema Vats	B.ED SE HI
13.	Isha	B.ED SE ID
14.	Anu	B.ED SE ID
15.	Ananya	B.ED SE LD

16.	Anushka Verma	B.ED SE VI
17.	Bharti Sehrawat	B.ED SE ID
18.	Ankita	B.ED SE LD
19.	Akansha Sharma	B.ED SE LD
20.	Mahima	B.ED SE LD
21.	Kirti Singh	B.ED SE ID
22.	Prema	B.ED SE LD
23.	Varsha	B.ED SE LD
24.	Harshika Gupta	B.ED SE ID