



Ashtavakra Institute of Rehabilitation Sciences & Research

App. by Rehabilitation Council of India, Ministry of Social Justice & Empowerment, Govt. of India

Affiliated to GURU GOBIND SINGH INDRAPRASHTHA UNIVERSITY

Ref. No: - ASRSR/2023-26/5358 A

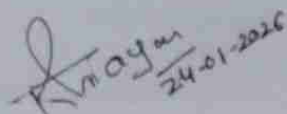
Date: - 24-01-2026

Circular

The Ek Bharat Shreshtha Bharat (EBSB) Club of *Ashtavakra Institute of Rehabilitation Sciences and Research* is organising "Flavours of India", an engaging cultural activity, on 03 February 2026 (Tuesday) at 12:00 PM in Room No. 101, Seminar Hall.

The programme aims to provide students with an opportunity to explore and showcase the diverse culinary heritage of different Indian states through presentations, displays, interactive sessions, and a quiz competition.

Participation is mandatory for all B.ED SE (ID/LD/HI/VI/ASD) students. All are requested to actively participate and extend their full cooperation to ensure the successful conduct of the programme.


Mr. Prabhat Ranjan
EBSB-Club Incharge


Mrs. Sanjana Mittal
Deputy. Director



Copy to:

- All course Coordinators/Class In charge.
- Student Welfare Dept., Notice Board, IT Dept. for Website



ASHTAVAKRA

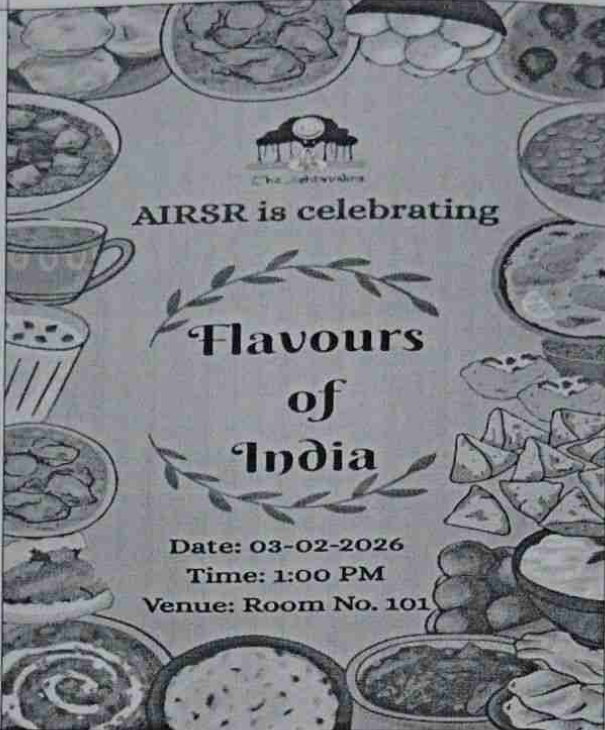
Institute of Rehabilitation Sciences and Research
B, 15th Institutional Area, Madhuban Chowk, Rohini, Sector-14, Delhi-110085

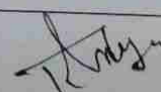


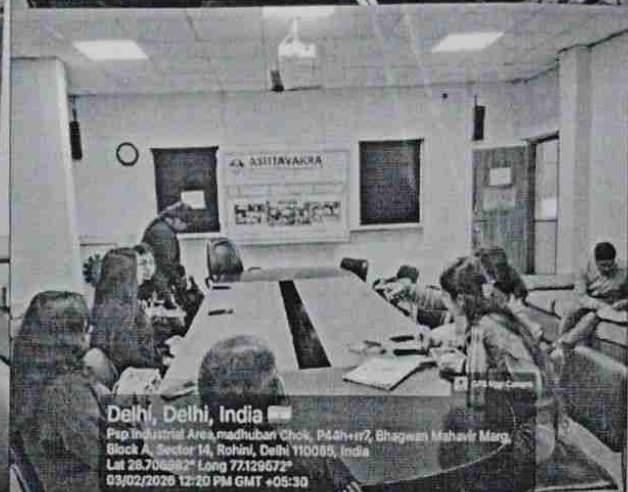
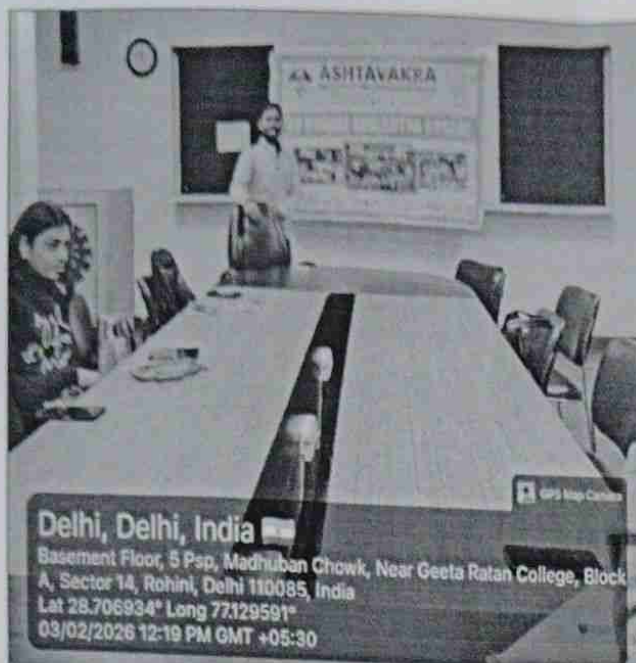
EVENT NAME:- UNDER- EBSB " Flavours of India "

Title of Activity*	Awareness Programme on "Flavours of India"
Values	Reliability + Ethical + Honesty & Integrity+ Showcase stories on honesty, friendship, or kindness.
Learning Outcomes	Develop an understanding of India's rich cultural and culinary diversity across different States and Union Territories. Recognize the role of food as an important element of cultural identity and regional heritage. Enhance knowledge about traditional Indian cuisines, ingredients, cooking methods, and their cultural significance. Promote respect, unity, and appreciation for the principle of "Unity in Diversity." Improve communication and presentation skills through active participation, discussions, and presentations. Increase awareness about the objectives and significance of the <i>Ek Bharat Shreshtha Bharat</i> (EBSB) initiative.
Organized by(Dept./Centre/Cells/Clubs/Committees Name)*	EK BHARAT SHRESHT BHARAT
Program Theme*	Awareness Programme on " Flavours of India "
External Expert/Internal Expert	Mr. Prabhat Ranjan
Recourse Person	NA

Nodal Officer, Ek Bharat Shreshtha Bharat Club (EBSB)
Ashtavakra Institute of Rehabilitation Sciences and Research
Madhuban Chowk, Rohini, Delhi-110085

Date*	03 Feb. 2026
Time*	12:00PM to 1:30PM
Venue	101 (Conference room)
Poster/Flyer/Notice*	
Social media link (promoting in anyone Facebook/ Instagram/ Twitter is mandatory)	https://www.instagram.com/reel/DUYgwoFDwh6/?igsh=Z2J1OHZ6a2Y1ZDhu https://pin.it/4sQSWTwkC https://www.facebook.com/share/r/1ALCvDaHes/
No. of Students* (only no. to be written, list in excel or words should be maintain at department level as proof for any further requirement)	15
No. of Faculty* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	1
No. of External Participants (students+ faculty) [write NA if not applicable]	NA
(Geotag) Photograph*	
Photograph of the Event with the Caption	


 Nodal Officer, Ek Bharat Shiksha Bharat Club (EBSB)
 Ashtavakra Institute of Science, Engineering Sciences and Research
 Madhuban Chowk, Rohini, Delhi-110085



Report: Description in
(min250tomax800 words)*

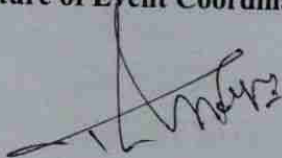
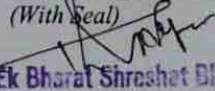
The event commenced with a speech by **Mr. Prabhat Ranjan** on the *Ek Bharat Shreshtha Bharat (EBSB)* programme, which aims to enhance interaction and promote mutual understanding among people from different States and Union Territories through the concept of state and UT pairing.

Under the *Ek Bharat Shreshtha Bharat (EBSB)* initiative, the programme titled "**Flavours of India**" was organized to celebrate the rich cultural and culinary diversity of the nation. The event aimed to foster mutual understanding, unity, and respect among different states by showcasing India's traditional food heritage.

The "**Flavours of India**" programme highlighted the traditional cuisines of various Indian states. Students actively participated by presenting information on regional dishes, ingredients, cooking

[Signature]
Nodal Officer, Ek Bharat Shreshtha Bharat Club (EBSB)
Ashtavakra Institute of Education Sciences and Research
Madhuban Chowk, Rohini, Delhi-110085

	methods, and their cultural significance. Stalls and displays represented different states, showcasing popular cuisines from North, South, East, and West India. Posters, charts, and other visual aids were used to explain the origin and uniqueness of each dish. Mr. Prabhat Ranjan encouraged students to explore the significance of <i>EBSB Day</i> in connection with Flavours of India. The students of B.Ed. (SE) showed keen interest and participated actively by asking questions without hesitation. The event successfully motivated students and created awareness about the relevance of the <i>Ek Bharat Shreshtha Bharat</i> initiative through the theme of Flavours of India.
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Recourse Person	MR. Prabhat Ranjan
Attendance Sheet*	<i>Attached at the end of Report</i>
Feedback:-	Thank you for provides such an amazing program. I really enjoyed the taming session and I am excited to participate related to other program. More knowledgably program.
Report Submitted by Convener (write faculty coordinator name)	Mr. Prabhat Ranjan
For Office Use	
Signature of Event Coordinator 	Signature of School/Department Head <i>(With Seal)</i>  Nodal Officer, Ek Bharat Shreshtha Bharat Club (EBSB) Ashtavakra Institute of Rehabilitation Sciences and Research Madhuban Campus, Noida, Delhi-110085
List of Beneficiary	

Fields marked with '*' are mandatory

List of participant

S.No.	Name of Volunteer	Class
1.	NITESH MOHAN MISHRA	B.Ed
2.	SANJANA KUMARI	B.Ed
3.	TEENA MAHAJAN	B.Ed
4.	ANSHIKA	B.Ed
5.	BHUMI GUPTA	B.Ed
6.	MANSI	B.Ed
7.	RACHNA KELLY	B.Ed
	JYOTI RAUTELA	B.Ed

9.	VISHAL SINGH	B.Ed
10.	ANUSHKA	B.Ed
11.	SATUTI SIOTRA	B.Ed
12.	KOMAL YADAV	B.Ed
13.	PRAGYA SINGH	B.Ed
14.	ANISHA TIRKEY	B.Ed
15.	DILRAJ KAUR	B.Ed

List of Beneficiary

S.No.	Name of Volunteer	Class
1.	BHAWNA	D.Ed
2.	ANURAG	D.Ed
3.	VAISHNAVI	D.Ed
4.	ANSHU	D.Ed
5.	YOGITA PAL	D.Ed
6.	CHANDNI	D.Ed
7.	SHWETA	D.Ed
8.	SHRUTI LOHCHAB	D.Ed
9.	NAMAN SAROJ	D.Ed
10.	KAJAL	D.Ed
11.	KASHISH	D.Ed
12.	ARPITA VATS	D.Ed
13.	SOUMAY BHARDWAJ	D.Ed
14.	PRANJAL SHARMA	D.Ed
15.	AVNI SHARMA	D.Ed


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