



ASHTAVAKRA

Institute of Rehabilitation Sciences and Research
S, PSP Institutional Area Madhuban Chowk Rohini, Sector-14, Delhi-110085



EVENT NAME: -

“Awareness Session on Substance Abuse and Gender Equality”

Title of Activity*

Interactive Awareness Session on Substance Abuse and Gender Equality

Values

Health Awareness

Learning Outcomes

- Students will be able to understand the concept of substance abuse and its types.
- Students will be able to understand the concept of equality and gender equality in society.
- Students will be able to explain the importance of gender equality for social development.
- Students will be able to identify challenges and discrimination related to gender inequality.
- Students will be able to appreciate the achievements of transgender individuals in India.
- Students will be able to demonstrate positive attitudes towards inclusivity, respect, and social responsibility.

Organized by (Dept./ Centre/ Cells/Clubs/ Committees Name)*

Red Ribbon Club

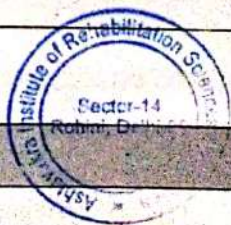
Program Theme*

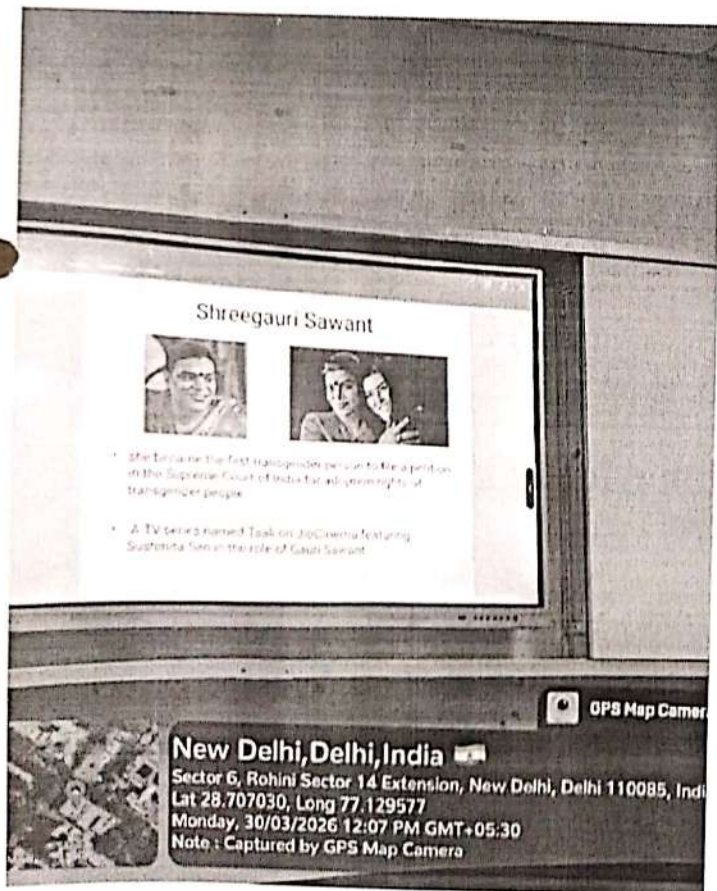
Towards a Drug-Free and Gender-Equal Society

External Expert / Internal Expert

Mr. Tarun Pataanjali



Date*	Monday, March 30, 2026
Time*	11:00 A.M Onwards
Venue	AIRSR, Conference room Sec-14, Rohini Delhi -110085
Poster/Flyer/Notice*	 ASHTAVAKRA INSTITUTE OF REHABILITATION SCIENCES AND RESEARCH Approved by Rehabilitation Council of India AWARENESS PROGRAMME ON SUBSTANCE ABUSE AND GENDER EQUALITY BY:- RED RIBBON CLUB  Join us for a day of inspiration and unity. 30.03.2026 AIRSR. ROHINI DELHI
Social media link (promoting in any one Facebook/Instagram/Twitter is mandatory)	https://www.facebook.com/share/p/172b2suUc9/ https://pin.it/5vEpOz4qY https://www.instagram.com/p/DWbHuPmDO1K/?igsh=ZjFkYzMzMDQzZg==
No. of Students* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	53
No. of Faculty* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	16
No. of External Participants (students + faculty) [write NA if not applicable]	NA
(Geotag) Photograph*	
Photograph of the Event	



Report description: -

The session began with the topic of **substance abuse**, where students were introduced to the concept and meaning of substance abuse. Mr. Tarun explained the **major causes** such as peer pressure, stress, lack of awareness, and environmental influences. He further elaborated on the **harmful impact on physical and mental health**.

Students were also made aware of the **warning signs of substance abuse**, such as sudden behavioral changes, isolation, poor academic performance, and health issues.

The session then progressed to the topic of **gender equality**. He discussed the meaning of equality and the importance of providing equal rights, opportunities, and respect to all individuals regardless of gender. He highlighted the **importance of gender equality in building an inclusive and progressive society**.

Further, the challenges faced in achieving gender equality were discussed, including social stereotypes, discrimination, and lack of awareness. Special focus was given

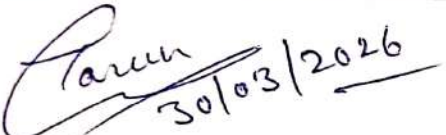
to **transgender individuals**, where students were sensitized about their identity, rights, and social inclusion.

Mr. Tarun also shared **success stories of transgender individuals in India**, which inspired students and helped in breaking stereotypes and misconceptions. These real-life examples encouraged students to adopt a more inclusive and respectful attitude towards all genders.

The session was highly interactive, and students actively participated by sharing their views, opinions, and experiences related to both substance abuse and gender equality.

The session concluded with a summary of key points by **Mr. Tarun Pataanjali**, emphasizing the importance of awareness, responsible behavior, and respect for diversity. Students were encouraged to become responsible citizens and spread awareness in society.



Recourse Person	NA
Attendance Sheet*	<i>Attached at the end of Report</i>
Feedback	<i>The session was highly informative and engaging. Students actively participated and showed keen interest in both topics—substance abuse and gender equality. They appreciated the clarity of explanations and the real-life examples shared during the session.</i>
Report Submitted by Convener (write faculty coordinator name)	Mr. Tarun Pataanjali
For Office Use	
 Signature of Event Coordinator	 Signature of School/Department Head 
<u>List of Beneficiary</u>	

Fields marked with '*' are mandatory