

**ASHTAVAKRA**Institute of Rehabilitation Sciences and Research
S, PSP Institutional Area Madhuban Chowk Rohini, Sector-14, Delhi-110085**FIT
INDIA****EVENT NAME****Title of Activity*****Badminton****Values**

- Promotion of Physical Fitness:
- Team Building and Collaboration:
- Skill Development:
- Healthy Competition:
- Stress Relief and Well-being:
- Community Engagement:
- Identification of Talent:

Learning Outcomes

- Physical Fitness and Health
- Self-Discipline and Commitment:
- Resilience and Perseverance
- Time Management:
- Teamwork and Collaboration:
- Leadership Skills:
- Sportsmanship and Fair Play:
- Conflict Resolution:

**Organized by (Dept./ Centre/
Cells/Clubs/ Committees Name)***

Fit India Youth Club

Program Theme*

Intra Institute Sports Competition

External Expert / Internal Expert

Mr. Vikas Kumar

Date*

19.02.2024

Time*

2:00 PM to 3:00PM

Venue

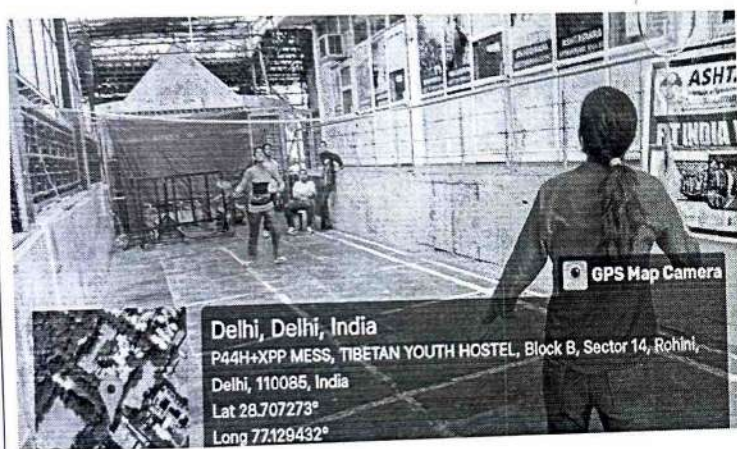
Playground Area, AIRSR

Poster/Flyer/Notice*

Social media link (promoting in any one Facebook/Instagram/Twitter is mandatory)	https://www.instagram.com/reel/Cz84teepprR/?igshid=MTc4MmM1YmI2Ng==
No. of Students* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	30
No. of Faculty* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	1
No. of External Participants (students + faculty) [write NA if not applicable]	N.A

(Geotag) Photograph*

Photograph of the Event with the Caption



Report: Description in (min 250 to max 800 words)*

Stamina and agility are the key words associated with badminton and that is what our players displayed during Badminton Tournament. The match began with a lot of enthusiasm displayed not only by the players but also the spectators. Their relaxed and flexible grips, the shuttle flights and their avoiding the wobbling of the shuttle in flight kept us all awestruck. Badminton is quite a workout for the mind.

The game requires constant thinking and planning and that is what we all could witness whilst they played. It was an excellent competition conducted under the guidance of Sports Incharge, students showed their techniques and skills. In the finals, the students gave their best and the shots were almost continuous. The students involved themselves in healthy and fierce competition. The badminton activity was successful in meeting its objectives of skill development and fitness promotion. Participants gained valuable experience and constructive feedback, setting a solid foundation for their continued improvement in the sport.

Recourse Person

NA

Attendance Sheet*

Attached at the end of Report

Feedback

Sample feedback Attached at the end of Report

Report Submitted by Convener (write faculty coordinator name)

Mr. Vikas Kumar

For Office Use


Signature of Event Coordinator


Nodal Officer, Fit India Club (FYC)
Ashtavakra Institute of Rehabilitation Sciences and Research
Madhuban Chowk, Rohini, Delhi-110085
Signature of Club In-Charge
(With Seal)

List of Beneficiary

30

LIST OF STUDENT PARTICIPANTS

S. No.	Name of Participants	Course
1.	Gun	D.ED SE MD
2.	Vikky	D.ED SE MD
3.	Shubham	D.ED SE MD
4.	Tamanna	D.ED SE MD
5.	Bhumika	D.ED SE MD
6.	Aanchal	D.ED SE MD
7.	Tanisha	D.ED SE MD
8.	Vishakha	D.ED SE MD
9.	Suryanshu	D.ED SE MD
10.	Jaya	D.ED SE MD
11.	Shrishti	D.ED SE MD
12.	Kanika	D.ED SE MD
13.	Yuvraj	D.ED SE MD
14.	Annu	D.ED SE MD
15.	Chhavi	D.ED SE MD
16.	Mansi	D.ED SE MD
17.	Jaya	D.ED SE MD
18.	Ridhi	D.ED SE MD
19.	Sneha	D.ED SE MD
20.	Deepanshi	D.ED SE MD
21.	Mandeep	D.ED SE MD
22.	Khushi	D.ED SE MD
23.	Nimisha	D.ED SE MD
24.	Priyanshu	D.ED SE MD
25.	Riya	D.ED SE MD
26.	Drishiti	D.ED SE MD
27.	Monika	D.ED SE MD
28.	Parthvi	D.ED SE MD
29.	Deepika	D.ED SE MD

30.	Khushboo	D.ED SE MD
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